

Solihull Splash

The Newsletter of Solihull Swimming Club



Solihull Splash hopes to provide not only information about the workings of the Club, swimming terms and jargon, but also news items about gala/open meet successes, future meet dates, Swim Shop dates and other relevant Club news. We hope that you find this useful. Previous issues can be found on the Club website. Email sscparentrep@gmail.com to submit questions for future monthly issues.

Final League Results

Nuneaton and District Junior League – The final round was held at Rugby. The team performed brilliantly with outstanding swims and great finishes. First places went to 9 yr Max Hitchman Free, 10yr old Laila Elfandi Back and Fly , Laila Sutton Breast and 11yr Old Deen Ahmed Free. Second Places went to 9yr olds Sam Rawlings Smith Back, Megan Nicklin Fly and Abigail Davis Breast, 10 yr old Mia Evans Free, 11yr Olds Deen Ahmed Fly and Abbie Llewelyn Breast. 12 year olds James Lee Back, Tasha Barguss Fly and Elizabeth Aston Breast. Third places went to 9 yr Sam Rawlings- Smith, 10 yr Reece Harvey Fly, 11 Year Abbie Llewelyn Fly and Katie Weaver Free. In the 19 relays they took part in they finished top three in 14 of them. The 9 year old girls of Megan Nicklin, Abigail Davis, Niamh Barguss and Lila Sutton took 3rd in Medley. 10 year old girls of Mia Evans and Laila Elfandi with support from 9 year old girls finished 1st in both their relays. The 12 and 11 year old boys of James Lee, Aditya Bajpai, Ben Kelly , Deen Ahmed and Jacob Leslie and girls Abbie Llewelyn , Katie Wearer and Mia Evans all finished third in both their relays. With the 12 year old girls of Rebecca Vidal, Elizabeth Aston, Tasha Barguss and Abigail Green competing in their final Junior League gala they put in strong performances to finish second in both their relays. The Team finished a very secure second behind the impressive team of Northgate, meaning the Team pulled up two places in the league finishing 7th missing out on a place in the final by just one point.

Leicester and District Junior League -The final round was held at Enderby. The team worked hard together as they were short on swimmers, a full team is 32 they competed with just 19! What they lacked in swimmers they made up for in Team spirit. They achieved their highest placing of the league coming 4th, missing 3rd place by just one point. First places went to Marcos Panayi-Bishop 9 yr Back, Sofia Calverley 10yr Breast, 11 yr olds Nina Lewis Back and Charlotte McClure Fly. Second Places went to Marcos Panayi-Bishop 9yr Breast and 10yr Fly. Isabelle Church 9yr Fly and Free, Abigail Kelly 11yr Breast. 3rd Places were awarded to Akshit Singh 9yr Free, Sofia Calveley 10yr Free, 11yr old Helene Toone Free, 12yr Olds Kate Lewis Back and Isha Shrivastava Breast . The 11 year old girls Relay Team of Charlotte McClure, Abigail Kelly , Nina Lewis and Helene Toone put in a fantastic performance finishing 1st in both their relays. Taking 2nd Place in their 12yr Old Free Relay were Kate Lewis, Isha Shrivastava, Ella Buzzard and Elizabeth Cornforth. The 10 year old Free Relay team of Ella Williams, Amelia Charman, Milly Llewellyn- Charlton and Sofia Calveley came 3rd.

Mercien League – The final round was held at Leamington and the team finished 4th. There were some great swims made by the team but special mention goes to Laila Elfandi who achieved 1st places in both her individual events Backstroke and Fly and also the 12 year old girls of Abigail Green, Abbie Llewelyn and Tasha Barguss who achieved top three placings in all their events, Abi Green 1st Backstroke and 3rd Free, Abbie Llewelyn 2nd Breast Stroke and Tasha Barguss 3rd Fly and with the support of 10 year olds Mia Evans and Laila Elfandi they took 3rd in both their relays. 1st place was also James Lee in 12year old Back. 2nd places went to Ben Kelly 10yr Fly, Deen Ahmed 12yr Free, James Lee 12yr Breast, Chris Mitchell 14yr Fly and Zoe Mason 14yr Breast. Third places went to Reece Harvey 10yr Back, Ben Kelly 10yr Breast ,Deen Ahmed 12yr Fly, Abdur Rahim 14yr Free, Chris Mitchell 14yr Breast ,James Mason Open Breast and Luke Greenhill Open Fly . The teams had some great relay swims with the 14 year old boys of Chris Mitchell, Deen Ahmed, Abdur Rahim, Aditya Bajpai, James Lee, Jacob Leslie, achieving 3rd in both their relays.

Club Championships - Well done to every single swimmer who took part. Whether you won, got 1 PB or 5 PB's, had a blip, felt like the last length would kill you!!! Swam your very best but didn't quite make the medals. The Club is proud of each and every one of you.

**THANK YOU ALSO TO OUR FANTASTIC VOLUNTEERS, BOTH AT TRAINING SESSIONS AND GALAS,
THE CLUB COULD NOT OPERATE WITHOUT YOU!**

Congratulations to Solihull Swimmer Rachel Davis . Rachel recently won the Geoff Sanders Young Volunteer Award – As many of you are aware Rachel gives up a lot of her time to help develop our young swimmers, she has been helping poolside for three years since she was 14. A qualified Level 1 Aquatics teacher, she is currently working hard towards Level 2. Rachel is very popular with our young swimmers, she still swims competitively herself and is always happy to help all swimmers at Open meets, whether that's encouraging them, giving them tips, helping with warm ups or putting her arm around them when they need it, and it's great as they know she has been there and done that! Rachel is also Club Captain and goes the extra mile with everything she undertakes, earning her the respect of all associated with the club.



Caitlin Hubbard competed at the European Youth Olympic Festival in Tbilisi, Georgia over the summer holidays. She was one of just 16 swimmers from Great Britain and formed a squad of 44 young talented athletes aged between 13 and 17 years who took part in 5 sports. Caitlin won a fantastic Silver medal as part of the Medley Relay for Team GB where she swam the Fly leg. Caitlin also achieved 5th place in the 100m fly final where there was less than a second between 2nd and 6th place. Caitlin trains for over 20 hours a week with City of Birmingham. Congratulations on a magnificent achievement.



Solihull Water Polo Player Jake Vincent was presented with his Warwickshire Swimmer of the year Trophy over the summer. He joined Solihull Swimming Club at the age of 7 and swam in many galas for the Club. At the age of 13 he joined the water polo section of the Club and soon became hooked on the sport. As a junior Jake represented Great Britain. He continued this into seniors achieving the ultimate ambition of all aquatic athletes by representing GB in the London Olympics in 2012. Since then he has continued to represent GB and was a key member of the England team that won gold medals in the Commonwealth Water Polo tournament held in Scotland. Since the middle of last year, Jake has been permanently based in Solihull and has resumed playing regularly for the club and helping with the coaching of junior players. Congratulations.



Swim Shop Dates

Sunday 13 September
 Friday 25 September
 Sunday 4 October
 Friday 16 October
 Sunday 1 November
 Friday 13 November
 Sunday 6 December



Time Trial Dates 2015 – Tudor Grange Pool

Each group will aim to complete at least 3 timed swims and the programme will rotate through the strokes and distances (each month will have a 200m IM (100m for Level 6 Teaching, Pre-Junior and Junior 1) 200m front crawl or 200m form, a 50m stroke and a 100m stroke).

This month we are trialing swimming everyone in 1 session. This decision was based on timing issues of our second session. We welcome your feedback to the Coaches or any committee member about how it works after September's time trial.

13 September	200FC/50 Fly/100 FC
4 October	200 Form/50 Back/100 Breast
1 November	200 IM/50 Breast/100 Back
6 December	200 FC/50 FC/100 Fly

Future Swimming Meets 2015

Date	Gala/Open Meet	Location
3/4/11 October	Coventry & District Primaries	Pingles, Nuneaton
21 November	Sheffield	Sheffield
10 October	Arena League	TBC
14 November	Arena League	TBC
12 December	Arena League	TBC

POOLSIDE CHAPERONES NEEDED - The Club currently need some poolside chaperones to help with the children in the teaching groups at Tudor Grange, particularly on a Friday night from 8pm – 9pm. This would involve, for example, getting a first aider if required, taking a register, accompanying children to the toilets. If you are able to help or would like more information then please speak to Karen Barguss or Amanda Pemberton.